

Week of November 17, 2019
Discussion Questions – Philippians 4:10-13

LET’S TALK ABOUT IT

Read Philippians 4:10. Is it natural for you to help others, a nuisance, or a little of both? Explain.

Read Philippians 4:11. On a scale of 1-10, how content are you with your life and circumstances right now? What is the reason for how you rated yourself?

What are things that rob us of contentment?

Read Philippians 4:11-12. Paul mentions he has *learned* how to be content in every situation. Contentment is something most of us have to learn because it doesn’t come naturally. **How do we actually learn to do this?**

Read Philippians 4:13. This verse sounds wonderful. But, what does it mean exactly? Because we can think of LOTS of things we CANNOT do. Like cure our friend from her terminal illness. Or, be the starting quarterback for the Colts. Or, earn a million dollars (legally!) in a week. Seriously though, we often are painfully aware of our spiritual and personal shortcomings. **Does this verse encourage you (because it inspires you) or discourage you (because you don’t believe you live up to what it promises)? Explain.**

A text without a context is only pretext. Make sure to read verse 13 in light of the other verses around it. We can do ALL things through Christ – i.e. we can learn to rise above our circumstances (whether good or difficult) and trust that God is at work. **Tell us about a difficult situation where God helped you learn contentment in spite of the circumstances.**

PRAY

What’s currently aggravating you, bothering you or causing you stress that we can ask God to help you learn contentment while He is working in the situation?